



# Good Grief Conference

When the World Falls to Pieces: Navigating the Puzzle of Grief Together

Monday, October 26, 2020

VCU Health E. Parham Road Office Building  
7818 E. Parham Road | Richmond, Virginia 23294  
*Live stream option available*

Provided by the VCU Health Department of Pastoral Care, Bereavement Program, Department of Patient Counseling and VCU Health Continuing Education



# Schedule

A.M.

7:15 **Check-in and registration**  
(Breakfast available)

8:00 **Welcome and opening remarks**  
Stephanie Hamilton, MDiv  
Russell Davis, PhD  
Deborah Zimmermann, DNP

8:10 **Keynote: Beyond stereotypes:  
Understanding the ways people grieve**  
Ken Doka, PhD

9:40 **Break**

10:00 **Time, history, culture and healing**  
Kevin Allison, PhD and Angela Duncan, PhD

11:15 **Panel discussion: Picking up the pieces:  
Leaning on the team to navigate grief**  
Jason Callahan, MDiv  
Emily Dwyer, BSN  
Callie J. Furlong, BSN  
Anita Kuzhiyil, MD  
Tamara Orr, PhD, LCP

P.M.

12:00 **Lunch**

1:00 **The reality of grief: Hope during a global  
pandemic**  
Alena C. Hampton, PhD, LCP

2:00 **Panel discussion: Navigating perinatal loss**  
Alexa Merriman, Patient Parent  
Allison DeLaney, MPH, BCC  
Robin Lawson, MS, RN  
Carrie Schaeffer, LCSW  
Vickie Weatherholtz, BSN, RN, RNC-NIC

2:45 **Break**

3:00 **Moral distress, grief, and self-care: If it's so  
ethical, why do I feel so bad?**  
Ken Doka, PhD

3:30 **Team member resiliency in dealing with  
continuous loss or death**  
Margaret Rittenhouse, LCSW

4:15 **Closing remarks**  
Stephanie Hamilton, MDiv

4:30 **Adjourn**

## Course description

Join us at this year's Good Grief Conference and gain new insights into how grief is experienced and how interdisciplinary teams can better care for patients, families and themselves while navigating trauma and loss. Key areas of focus will include the impact national events have on collective grief and healing, how cultural influences shape the grieving process, and resiliency in the face of loss and moral distress.

## Target audience

This activity is designed for interprofessional healthcare teams, including chaplains, nurses, physician assistants, physicians, social workers, volunteer caregivers and others working with those experiencing grief.

## Course objectives

At the conclusion of this activity, learners will be able to:

- Describe the impact of collective grief on communities and apply best practices for trauma-informed care.
- List diverse styles of grief and describe their connection to cultural expressions of loss.
- Identify avenues for practicing self-care to avoid burnout and address effects of moral distress.
- Discuss strategies for engaging all resources of the team to support healthy collaboration.

## Accreditation and education credit



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, VCU Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

VCU Health designates this live activity for a maximum of 6.5 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health designates this activity for a maximum of 6.5 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



VCU Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



As a Jointly Accredited Organization, VCU Health is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program.

Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. VCU Health maintains responsibility for this course. Social workers completing this course receive 6.5 continuing education credits.



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 6.5 Interprofessional Continuing Education (IPCE) credits for learning and change.

## Register online

[vcu.cloud-cme.com/grief2020](https://vcu.cloud-cme.com/grief2020)

## Guest faculty

### **Kenneth J. Doka, PhD**

Senior Consultant, The Hospice Foundation of America  
Professor Emeritus, College of New Rochelle  
Poughkeepsie, NY

### **Alexa Merriman**

Patient parent - *in remembrance of Presley Grace*  
Virginia Beach, VA

### **Carrie Schaeffer, LCSW**

Perinatal Bereavement Services Manager  
Full Circle Grief Center  
Richmond, VA

## VCU and VCU Health faculty

### **Kevin W. Allison, PhD**

Professor, Department of Clinical Psychology  
L. Douglas Wilder School of Government and Public Affairs  
Senior Executive for Special Projects, Office of the President

### **Jason Callahan, MDiv, MS, BCC**

Chaplain, Thomas Palliative Care Unit at  
VCU Massey Cancer Center  
Instructor, Departments of Patient Counseling and Pastoral Care  
College of Health Professions

### **Russell Davis, PhD, CPE Certified Educator**

Professor and Rev. Robert B. Lantz Chair  
Department of Patient Counseling  
College of Health Professions  
Director of Pastoral Care

### **Allison DeLaney, MA, MPH, BCC, PCHAC**

Chaplain, Pediatric, Neonatal and Women's Health Units  
Departments of Patient Counseling and Pastoral Care  
College of Health Professions

### **Angela Duncan, PhD**

Associate Dean for Diversity, Equity and Inclusion  
Assistant Professor, College of Health Professions

### **Emily Dwyer, BSN, RN**

RN Care Coordinator  
Department of Care Coordination and Post-Acute Services

### **Callie J. Furlong, BSN, RN**

Clinical Nurse II  
Palliative Care Unit, Massey Cancer Center

### **Stephanie Hamilton, MDiv, BCC**

Assistant Professor  
Department of Patient Counseling  
Manager for Bereavement Services

### **Alena C. Hampton, PhD, LCP**

Assistant Dean for Student Success  
Assistant Professor, Department of Rehabilitation Counseling  
College of Health Professions

### **Anita Kuzhiyil, MD**

Fellow, Hospice and Palliative Medicine

### **Robin Lawson, MS, RN, WHNP-BC, LCCE, IBCLC**

Nurse Manager, Labor and Delivery

### **Tamara Orr, PhD, LCP, PMHNP-BC**

Clinical Health Psychologist  
Hematology, Oncology and Palliative Care  
Massey Cancer Center

### **Margaret Rittenhouse, LCSW**

Clinical Director, HelpLink EAP  
Behavioral Health Counselor, Department of Psychiatry

### **Vickie Weatherholtz, BSN, RN, RNC-NIC**

Complex Prenatal Care Nurse Navigator  
Maternal Fetal Medicine & Neonatal Intensive Care Unit

### **Deborah Zimmermann, DNP, RN, NEA-BC, FAAN**

Chief Nursing Officer and Vice President, Patient Care Services

# Registration

Register online at [vcu.cloud-cme.com/grief2020](https://vcu.cloud-cme.com/grief2020)

## Registration rates

**\$ 70** Live stream-only registration (by 8 am, October 26)  
**\$135** In-person attendance (limited availability)

*Fee includes online course syllabus. Meals and refreshments provided for in-person attendees.*

## Cancellation policy

We ask that any participants who are not feeling well or exhibiting any symptoms of the coronavirus stay home. We have relaxed our refund policy and will issue refunds up until 5 days after the event to the original payment method. Refund requests need to be submitted in writing to [ceinfo@vcuhealth.org](mailto:ceinfo@vcuhealth.org).

## Conference location

The **VCU Health E. Parham Road Office Building** is located at 7818 E. Parham Road, Richmond, VA 23294.

Complimentary parking is available.

## Accommodations

### **Westin Richmond Hotel**

6631 West Broad Street Richmond, VA 23230

### **Rate**

\$139.00/night (plus taxes and fees) for standard king bed.

### **Book Online**

<https://tinyurl.com/gg20hotel>

### **Book by Phone**

Call 888.627.7786 and reference the "VCU Health Good Grief Conference" block.

Deadline for reserving the guest room block is October 5, 2020. This rate may not be available after this date.

## Questions?

**Contact** VCU Health Continuing Education

[ceinfo@vcuhealth.org](mailto:ceinfo@vcuhealth.org) | 804.828.3640

If special accommodations are needed, please contact us at the phone number or email address above.

## Disclaimers

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours, or cancel if necessary.

By attending this event you grant VCU Health Continuing Education the right at the event to record, film, photograph, or capture your likeness in any media and to distribute, use, or otherwise disseminate, in perpetuity, such media without any further approval or any payment to you.

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